

## STUTSMAN COUNTY 2006: ALL QUESTIONS TABLE

### Guidelines for interpretation

- These results represent the distribution of responses to all questions in the survey. They do not represent specific risk factors. For instance, the risk factor for current smoking is derived from two questions: “Have you smoked 100 cigarettes in your life?” and “Do you smoke cigarettes every day, some day or not at all?” A little less than half of all respondents have smoked 100 cigarettes in their life and about two thirds of ever smokers still smoke. The rate of current smoking is only about 20%. This result is found in a risk factor table.
- All analyses exclude the unknown and missing responses unless the question is a knowledge or opinion question. Only for an occasional question (e.g., income) is the percentage of missing and unknown results substantial.
- The total survey size is 488 surveys. This means for some questions the number of respondents is small and gives an unstable result. If the number of respondents is less than 10 the result has been marked with an \* noting that the result is potentially highly unstable. However, results between 10 and 50 are unstable but are not marked as such.
- Below every table is a description of the population asked the questions. For instance, below the table for “Do you smoke cigarettes every day, some days or not at all?” it is labeled that the question was only asked of people who had ever smoked 100 cigarettes in their lifetime.
- Just because the difference between the county result and the state results looks substantial, it does not mean the difference is “real.” It may be a phenomenon of small numbers in the county survey. The table of risk factors provide you with confidence intervals to allow you to determine if the result is statistically different. If the confidence limits for the state value and the county value do not overlap, the result is statistically different (that is, unlikely to be due to chance alone). Confidence intervals are not provided in this table.
- Differences observed may be due to simple differences in the population distribution (e.g., percent of elderly persons).

## Health Status

Would you say that in general your health is excellent, very good, good, fair, or poor?

Response Categories	Stutsman County %	North Dakota %
Excellent	20	21
Very good	35	36
Good	32	32
Fair	9	9
Poor	3	3

*Among all respondents, excluding unknown and missing*

## Healthy Days

Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

Response Categories	Stutsman County %	North Dakota %
0	65	68
1-2	12	13
3-7	10	9
8-29	7	7
30	5	4

*Among all respondents, excluding unknown and missing*

Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

Response Categories	Stutsman County %	North Dakota %
0	66	69
1-2	12	10
3-7	13	11
8-29	6	7
30	3*	3

*Among all respondents, excluding unknown and missing*

During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

Response Categories	Stutsman County %	North Dakota %
0	84	83
1-2	7	7
3-7	4	5
8-29	4	4
30	1	2

*Among all respondents, excluding unknown and missing*

## Health Care Access

Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?

Response Categories	Stutsman County %	North Dakota %
Yes	90	88
No	10	12

*Among all respondents, excluding unknown and missing*

Do you have one person you think of as your personal doctor or health care provider?

Response Categories	Stutsman County %	North Dakota %
Yes, 1	80	67
Yes, >1	7	8
No	13	25

*Among all respondents, excluding unknown and missing*

Was there a time in the past 12 months when you needed to see a doctor but could not because of the cost?

Response Categories	Stutsman County %	North Dakota %
Yes	7	8
No	93	92

*Among all respondents, excluding unknown and missing*

About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

Response Categories	Stutsman County %	North Dakota %
< 1 year	61	62
1-2 years	18	16
2-5 years	10	10
5+ years	10	12
Never	1 *	1

*Among all respondents, excluding unknown and missing*

## Exercise

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

Response Categories	Stutsman County %	North Dakota %
Yes	77	78
No	23	22

*Among all respondents, excluding unknown and missing*

## Diabetes

Have you EVER been told by a doctor that you have diabetes?

Response Categories	Stutsman County %	North Dakota %
Yes	7	7
Yes, during pregnancy	0*	1
No	91	92
No, pre-diabetes or borderline diabetes	2*	1

*Among all respondents, excluding unknown and missing*

How old were you when you were told you have diabetes?

Response Categories	Stutsman County %	North Dakota %
0-19	1*	3
20-39	19*	14
40-59	38	51
60-79	40	30
80-97	2*	3

*Percentage among respondents ever diagnosed with diabetes (non-gestational)  
excluding unknown and missing*

Are you now taking insulin?

Response Categories	Stutsman County %	North Dakota %
Yes	30	26
No	70	74

*Percentage among respondents ever diagnosed with diabetes (non-gestational)  
excluding unknown and missing*



Are you now taking diabetes pills?

Response Categories	Stutsman County %	North Dakota %
Yes	68	71
No	32	29

*Percentage among respondents ever diagnosed with diabetes (non-gestational) excluding unknown and missing*

About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional.

Response Categories	Stutsman County %	North Dakota %
Never	8*	10
< 1 per week	4*	4
1-6 per week	17*	21
1 per day	30*	26
2 per day	21*	21
3+ per day	20*	18

*Percentage among respondents ever diagnosed with diabetes (non-gestational) excluding unknown and missing*

About how often do you check your feet for any sores or irritations? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional.

Response Categories	Stutsman County %	North Dakota %
Never	12*	9
< 1 per week	0	10

1-6 per week	23*	19
1+ per day	66	62

*Percentage among respondents ever diagnosed with diabetes (non-gestational) excluding unknown and missing*

Have you EVER had any sores or irritations on your feet that took more than four weeks to heal?

Response Categories	Stutsman County %	North Dakota %
Yes	9*	10
No	91	90

*Percentage among respondents ever diagnosed with diabetes (non-gestational) excluding unknown and missing*

About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes?

Response Categories	Stutsman County %	North Dakota %
0	11*	8
1	13*	20
2	33	26
3	3*	15
4	15*	22
5+ per year	26*	9

*Percentage among respondents ever diagnosed with diabetes (non-gestational) excluding unknown and missing*

A test for "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for "A one C"?

Response Categories	Stutsman County %	North Dakota %
0	8*	8
1	18*	22
2	39	34
3	8*	15
4	23*	18
5+ per day	4*	4

*Percentage among respondents ever diagnosed with diabetes (non-gestational) excluding unknown and missing. Note: Excludes 14% who did not know or who reported never having heard of HgA1c.*

About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?

Response Categories	Stutsman County %	North Dakota %
0	26*	17
1	12*	31
2	25*	23
3	0	9
4	16*	11
5+ per day	21*	9

*Percentage among respondents ever diagnosed with diabetes (non-gestational) who still have one or both feet, excluding unknown and missing*

When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
< 1 month	8*	19
1-12 months	54	55
1-2 years	17*	14
2+ years	16*	10
Never	5*	2

*Percentage among respondents ever diagnosed with diabetes (non-gestational) excluding unknown and missing*

Has a doctor EVER told you that diabetes has affected your eyes or that you had retinopathy?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
Yes	19*	14
No	81	86

*Percentage among respondents ever diagnosed with diabetes (non-gestational) excluding unknown and missing*

Have you EVER taken a course or class in how to manage your diabetes yourself? (220)

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
Yes	59	57
No	41	43

*Percentage among respondents ever diagnosed with diabetes (non-gestational) excluding unknown and missing*

## Oral Health

How long has it been since you last visited a dentist or a dental clinic for any reason? Include visits to dental specialists, such as orthodontists.

Response Categories	Stutsman County %	North Dakota %
< 1 year	69	71
1-2 years	12	10
1-5 years	9	9
5+ years	8	10
Never	2*	0

*Among all respondents, excluding unknown and missing*

How many of your permanent teeth have been removed because of tooth decay or gum disease? Include teeth lost to infection, but do not include teeth lost due for other reasons, such as injury or orthodontics.

Response Categories	Stutsman County %	North Dakota %
1-5	34	28
6+ but not all	12	10
All	6	6
None	49	56

*Among all respondents, excluding unknown and missing*

How long has it been since you last had your teeth cleaned by a dentist or dental hygienist?

Response Categories	Stutsman County %	North Dakota %
< 1 year	62	66

1-2 years	11	9
1-5 years	10	9
5+ years	10	9
Never	2	2
No teeth	6	6

*Among all respondents, excluding unknown and missing*

## Cardiovascular Disease Prevalence

Has a doctor, nurse, or other health professional EVER told you that you had any of the following?

(Ever told) you had a heart attack, also called a myocardial infarction?

Response Categories	Stutsman County %	North Dakota %
Yes	5	4
No	95	96

*Among all respondents, excluding unknown and missing*

(Ever told) you had angina or coronary heart disease?

Response Categories	Stutsman County %	North Dakota %
Yes	4	4
No	96	96

*Among all respondents, excluding unknown and missing*

(Ever told) you had a stroke?

Response Categories	Stutsman County %	North Dakota %
Yes	1	2
No	99	98

*Among all respondents, excluding unknown and missing*

## Asthma

Have you ever been told by a doctor, nurse or other health professional that you had asthma?

Response Categories	Stutsman County %	North Dakota %
Yes	12	10
No	89	90

*Among all respondents, excluding unknown and missing*

Do you still have asthma?

Response Categories	Stutsman County %	North Dakota %
Yes	8	7
No	92	93

*Among all respondents, excluding unknown and missing*



## Disability

Are you limited in any way in any activities because of physical, mental, or emotional problems?

Response Categories	Stutsman County %	North Dakota %
Yes	16	15
No	84	85

*Among all respondents, excluding unknown and missing*

Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? Include occasional use or use in certain circumstances

Response Categories	Stutsman County %	North Dakota %
Yes	3	4
No	97	96

*Among all respondents, excluding unknown and missing*

## Tobacco Use

Have you smoked at least 100 cigarettes in your entire life?

Response Categories	Stutsman County %	North Dakota %
Yes	44	44
No	56	56

*Among all respondents, excluding unknown and missing*

Do you now smoke cigarettes every day, some days, or not at all?

Response Categories	Stutsman County %	North Dakota %
None now	31	36
Some days	13	9
Every day	57	55

*Percentage among ever smokers excluding unknown and missing*

During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

Response Categories	Stutsman County %	North Dakota %
Yes	39	49
No	62	51

*Percentage among persons who smoke some days or every day, excluding unknown and missing*

## Demographics

What is your age?

Response Categories	Stutsman County %	North Dakota %
18-24	11	16
25-34	16	16
35-44	15	17
45-54	22	20
55-64	15	13
65-74	10	9
75+	11	10

*Among all respondents, excluding unknown and missing*

Are you Hispanic or Latino?

Response Categories	Stutsman County %	North Dakota %
Yes	1*	1
No	99	99

*Among all respondents, excluding unknown and missing*

Which one or more of the following would you say is your race? Would you say: White, Black or African American, Asian, Native Hawaiian or Other Pacific Islander, American Indian or Alaska Native, or Other?

Response Categories	Stutsman County %	North Dakota %
White	99	94
AI	0*	3

Other	1 *	2
Multirace	0 *	1

*Among all respondents, excluding unknown and missing*

Which one of these groups would you say best represents your race?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
White	99	94
AI	0 *	4
Other	1 *	2

*Among all respondents, excluding unknown and missing*

Are you married, divorced, widowed, separated, never married, or a member of an unmarried couple?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
Married	68	64
Divorced	8	7
Widowed	8	7
Separated	1 *	1
Never Married	13	18
Unmarried Couple	2 *	3

*Among all respondents, excluding unknown and missing*

How many children less than 18 years of age live in your household?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
0	62	62

1	15	15
2	16	13
3	6	7
4+	1*	2

*Among all respondents, excluding unknown and missing*

What is the highest grade or year of school you completed?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
<HS	8	8
High School	34	29
Some College	32	32
College	26	31

*Among all respondents, excluding unknown and missing*

Are you currently: employed for wages, self-employed, out of work for more than 1 year, out of work for less than 1 year, a homemaker, a student, retired, or unable to work?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
Wages	56	66
Self	12	13
Unemployed > 1 year	1	1
Unemployed <1 year	1	3
Homemaker	6	8
Student	5	6

Retired	17	3
Unable to work	2	

*Among all respondents, excluding unknown and missing*

Is your annual household income from all sources?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
<\$10,000	2	4
\$10-\$15,000	4	4
\$15-\$20,000	6	6
\$20-\$25,000	9	9
\$25-\$35,000	15	15
\$35-\$50,000	29	20
\$50-\$75,000	19	21
\$75,000+	17	21

*Among all respondents, excluding unknown and missing*

About how much do you weigh without shoes?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
<125	8	7
125-149	16	19
150-174	22	23
175-199	22	22
200-224	19	16
225-249	6	7

250+	8	7
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*Among all respondents, excluding unknown and missing*

About how tall are you without shoes?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
<62 in	5	6
62-67	49	44
68-71	34	31
72+	13	19

*Among all respondents, excluding unknown and missing*

What is your ZIP Code where you live?

<b>Response Categories</b>	<b>Stutsman County %</b>
58041	1 *
58237	08
58401	79
58402	1 *
58420	1 *
58424	2 *
58426	2 *
58427	0 *
58441	1 *
58442	0 *
58455	1 *
58466	1 *
58467	3
58472	1 *
58475	1 *
58476	2 *
58481	1 *
58483	1 *
58492	0 *
58496	1 *
58497	1 *
58504	0 *



58541	0*
58902	0*

*Among all respondents, excluding unknown and missing*

During the past 12 months, has your household been without telephone service for 1 week or more? Do not include interruptions of phone service due to weather or natural disasters.

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
Yes	2*	4
No	98	96

*Among all respondents, excluding unknown and missing*

Sex of respondent

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
Male	46	50
Female	54	50

*Among all respondents, excluding unknown and missing*

To your knowledge, are you now pregnant?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
Yes	13*	7
No	87	93

*Percentage among all females ages 18-44 excluding unknown and missing*

## Veteran's Status

Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit?

Response Categories	Stutsman County %	North Dakota %
Yes	15	15
No	86	85

*Among all respondents, excluding unknown and missing*

## Alcohol Consumption

During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?

Response Categories	Stutsman County %	North Dakota %
Yes	57	59
No	43	41

*Among all respondents, excluding unknown and missing*

During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage? (days per month)

Response Categories	Stutsman County %	North Dakota %
1-7	81	73
8-14	14	19
15-29	3*	4
30	3*	4

*Percentage among respondents who have had at least one drink in the past 30 days, excluding unknown and missing*

One drink is equivalent to a 12 ounce beer, a 5 ounce glass of wine, or a drink with one shot of liquor. On the days when you drank, during the past 30 days, about how many drinks did you drink on the average?

Response Categories	Stutsman County %	North Dakota %
1	41	36
2	27	29
3	13	14

4	7	6
5+	13	15

*Percentage among respondents who have had at least one drink in the past 30 days, excluding unknown and missing*

Considering all types of alcoholic beverages, how many times during the past 30 days did you have 5 or more drinks on one occasion?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
0	70	63
1	14	16
2	8	9
3	1	4
4	1	3
5+	6	6

*Among all respondents, excluding unknown and missing*

During the past 30 days, what is the largest number of drinks you had on any occasion?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
1	26	22
2	25	24
3	15	15
4	9	8
5-8	20	21
9+	6	11

*Percentage among respondents who have had at least one drink in the past 30 days, excluding unknown and missing*

## Immunization

A flu shot is an influenza vaccine injected in your arm. During the past 12 months, have you had a flu shot?

Response Categories	Stutsman County %	North Dakota %
Yes	41	38
No	60	62

*Among all respondents, excluding unknown and missing*

During the past 12 months, have you had a flu vaccine that was sprayed in your nose? The flu vaccine that is sprayed in the nose is also called FluMist™.

Response Categories	Stutsman County %	North Dakota %
Yes	0*	1
No	100	99

*Among all respondents, excluding unknown and missing*

A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot?

Response Categories	Stutsman County %	North Dakota %
Yes	26	26
No	74	74

*Among all respondents, excluding unknown and missing*

Have you ever received the Hepatitis B vaccine? The hepatitis B vaccine is completed after the third shot is given.

Response Categories	Stutsman County %	North Dakota %
Yes	37	38
No	63	62

*Among all respondents, excluding unknown and missing*

Tell me if any of these statements are true for you. Don't tell me which statement or statements are true for you, just if any of them are true.

- You have hemophilia and have received clotting factor concentrate
- You are a man who has had sex with other men, even if just one time
- You have taken street drugs by needle, even if just one time
- You have traded sex for money or drugs, even if just one time
- You have tested positive for HIV
- You have had sex (even is just one time) with a person who would answer yes to any of these questions
- You had more than two sex partners in the past year

Response Categories	Stutsman County %	North Dakota %
Yes	3	4
No	97	96

*Among all respondents, excluding unknown and missing*

## Falls

In the past 3 months, how many times have you fallen?

Response Categories	Stutsman County %	North Dakota %
0	85	84
1	11	11
2+	5	5

*Among respondents age 45 and older, excluding unknown and missing*

How many of these falls caused an injury?

Response Categories	Stutsman County %	North Dakota %
0	67	69
1	31	25
2+	2*	6

*Among respondent age 45 and older who reported falling, excluding unknown and missing*

## Seatbelt Use

How often do you use seatbelts when you drive or ride in a car?

Response Categories	Stutsman County %	North Dakota %
Always	61	58
Nearly always	24	26
Sometimes	8	9
Seldom	4	4
Never	3	3

*Among respondents, excluding unknown, missing, and those who don't ride in cars*



## Drinking and Driving

During the past 30 days, how many times have you driven when you've had perhaps too much to drink?

Response Categories	Stutsman County %	North Dakota %
0	94	93
1	4*	5
2+	2*	3

*Among respondents who reported any alcohol use in the past 30 days and who drive, excluding unknown and missing*

## Women's Health

A mammogram is an X-ray of each breast to look for breast cancer. Have you ever had a mammogram?

Response Categories	Stutsman County %	North Dakota %
Yes	68	66
No	32	34

*Among all female respondents, excluding unknown and missing*

How long has it been since you had your last mammogram?

Response Categories	Stutsman County %	North Dakota %
< 1 year	44	45
1-2 years	12	10
2-3 years	6	4
3-5 years	4	4
5+ years	2*	3
Never	32	34

*Among female respondents who ever had a mammogram, excluding unknown and missing*

A clinical breast exam is when a doctor, nurse, or other health professional feels the breasts for lumps. Have you ever had a clinical breast exam?

Response Categories	Stutsman County %	North Dakota %
Yes	87	93
No	13	8

*Among all female respondents, excluding unknown and missing*

How long has it been since your last breast exam?

Response Categories	Stutsman County %	North Dakota %
< 1 year	60	65
1-2 years	15	16
2-3 years	5	5
3-5 years	3	3
5+ years	3	5
Never	13	8

*Among female respondents who ever had a breast exam, excluding unknown and missing*

A PAP test is a test for cancer of the cervix. Have you ever had a PAP test?

Response Categories	Stutsman County %	North Dakota %
Yes	91	96
No	9	5

*Among all female respondents, excluding unknown and missing*

How long has it been since your last PAP test?

Response Categories	Stutsman County %	North Dakota %
< 1 year	41	57
1-2 years	24	16
2-3 years	7	7
3-5 years	7	5
5+ years	12	11

Never	9	5
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*Among female respondents who ever had a PAP test, excluding unknown and missing*

Have you had a hysterectomy?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
Yes	21	22
No	80	78

*Among non-pregnant female respondents, excluding unknown and missing*

## Prostate Cancer Screening

A Prostate-Specific Antigen test, also called a PSA test, is a blood test used to test men for blood cancer. Have you ever had a PSA test?

Response Categories	Stutsman County %	North Dakota %
Yes	57	63
No	43	37

*Among all male respondents age 40 and older, excluding unknown and missing*

How long has it been since your last PSA test?

Response Categories	Stutsman County %	North Dakota %
Never	43	38
< 1 year	38	40
1-2 years	13	12
2-3 years	2*	6
3-5 years	3*	3
5+ years	1*	2

*Among male respondents age 40 and older who ever had a PSA test, excluding unknown and missing*

A digital rectal exam is an exam in which a doctor, nurse, or other health professional placed a gloved finger into the rectum to feel the size, shape, and hardness of the prostate gland. Have you ever had a digital rectal exam?

Response Categories	Stutsman County %	North Dakota %
Yes	75	78
No	25	22

*Among all male respondents age 40 and older, excluding unknown and missing*

How long has it been since your last digital rectal exam?

Response Categories	Stutsman County %	North Dakota %
Never	25	22
< 1 year	43	40
1-2 years	14	15
2-3 years	2*	8
3-5 years	5*	5
5+ years	11	9

*Among male respondents age 40 and older who ever had a digital rectal exam, excluding unknown and missing*

Have you ever been told by a doctor, nurse, or other health professional that you have prostate cancer?

Response Categories	Stutsman County %	North Dakota %
Yes	2*	4
No	99	96

*Among all male respondents age 40 and older, excluding unknown and missing*

## Colorectal Cancer Screening

A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?

Response Categories	Stutsman County %	North Dakota %
Yes	46	40
No	54	60

*Among all respondents age 50 and older, excluding unknown and missing*

How long has it been since your last blood stool test using a home kit?

Response Categories	Stutsman County %	North Dakota %
Never	55	60
<1 year	19	15
1-2 years	10	7
2-5 years	11	10
5+ years	6	8

*Among respondents age 50 and older who ever used a home blood stool test kit, excluding unknown and missing*

Sigmoidoscopy and colonoscopy are exams in which a tube is inserted into the rectum to view the colon for signs of cancer and other health problems. Have you ever had either of these exams?

Response Categories	Stutsman County %	North Dakota %
Yes	59	56
No	41	44

*Among all respondents age 50 and older, excluding unknown and missing*

How long has it been since your last sigmoidoscopy or colonoscopy?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
Never	42	44
<1 year	17	14
1-2 years	10	10
2-5 years	23	22
5-10 years	6	7
10+ years	3*	4

*Among respondents age 50 and older who ever had a sigmoidoscopy or colonoscopy, excluding unknown and missing*



## HIV/AIDS

Have you ever been tested for HIV? Do not count tests you many have had as part of a blood donation. Include test using fluid from your mouth.

Response Categories	Stutsman County %	North Dakota %
Yes	20	24
No	80	76

*Among respondents age 18-64, excluding unknown and missing*

Not including blood donations, in what month and year was your last HIV test? (Include saliva tests)

Response Categories	Stutsman County %	North Dakota %
1986-1999	38	38
2000	9*	8
2001	13*	8
2002	7*	10
2003	11*	8
2004	8*	14
2005	13*	16

*Percentage among respondents ages 18-64 ever tested for HIV excluding unknown and missing*

Where did you have your last HIV test at, a private doctor or HMO, a counseling and testing site, a hospital, a clinic, in a jail or prison, home, or somewhere else?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
Private doctor/HMO	17	20
Council/test	3*	2
Hospital	13	20
Clinic	44	40
Jail/prison	2*	2
At home	8*	13
Someplace else	13*	4

*Percentage among respondents ages 18-64 ever tested for HIV, excluding unknown and missing*

Was it a rapid test where you could get your results within a few hours?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
Yes	10	11
No	90	89

*Among respondents 18-64 tested for HIV during the last 12 months, excluding unknown and missing*

## Emotional Support & Life Satisfaction

How often do you get the social and emotional support you need?

Response Categories	Stutsman County %	North Dakota %
Always	47	48
Usually	37	36
Sometimes	10	9
Rarely	2*	2
Never	5	4

*Among all respondents, excluding unknown and missing*

In general, how satisfied are you with your life?

Response Categories	Stutsman County %	North Dakota %
Very satisfied	43	46
Satisfied	55	50
Dissatisfied	2	3
Very Dissatisfied	0*	0

*Among all respondents, excluding unknown and missing*

## Secondhand Smoke Policy

Which statement best describes the rules about smoking inside your home?

Response Categories	Stutsman County %	North Dakota %
Smoking is not allowed anywhere inside your home	79	78
Smoking is allowed in some places or at some times	7	7
Smoking is allowed anywhere inside your home	2*	2
There are no rules about smoking inside your home	12	13

*Among all respondents, excluding unknown and missing*

While working at your job are you indoors most of the time?

Response Categories	Stutsman County %	North Dakota %
Yes	77	73
No	23	27

*Among respondents employed or self-employed, excluding unknown and missing*

Which of the following best describes your place of work's official smoking policy for indoor, public, or common areas, such as lobbies, restrooms, and lunch rooms?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
Not allowed in any public areas	89	89
Allowed in some public areas	6	7
Allowed in all public areas	0*	1
No official policy	4*	3

*Among respondents who are employed or self-employed who work indoors most of the time, excluding unknown and missing*

Which of the following best describes your place of work's policy for work areas?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
Not allowed in any work areas	94	90
Allowed in some work areas	2	5
Allowed in all work areas	0	1
No official policy	4*	3

*Among respondents who are employed or self-employed who work indoors most of the time, excluding unknown and missing*

## Anxiety and Depression

Over the last two weeks, how many days have you had little interest or pleasure in doing things?

Response Categories	Stutsman County %	North Dakota %
1-2	15	17
3-4	5	5
5+	13	9
None	67	68

*Among all respondents, excluding unknown and missing*

Over the last two weeks, how many days have you felt down depressed or hopeless?

Response Categories	Stutsman County %	North Dakota %
1-2	16	13
3-4	4	4
5+	7	6
None	74	77

*Among all respondents, excluding unknown and missing*

Over the last two weeks, how many days have you had trouble falling asleep, staying asleep, or sleeping too much?

Response Categories	Stutsman County %	North Dakota %
1-2	17	19
3-4	13	10

5+	18	19
None	53	53

*Among all respondents, excluding unknown and missing*

Over the last two weeks, how many days have you felt tired or had little energy?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
1-2	26	28
3-4	11	12
5+	27	24
None	36	36

*Among all respondents, excluding unknown and missing*

Over the last two weeks, how many days have you had a poor appetite or eaten too much?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
1-2	14	14
3-4	10	7
5+	10	14
None	66	65

*Among all respondents, excluding unknown and missing*

Over the last two weeks, how many days have you felt bad about yourself or that you were a failure or that you had let you or your family down?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
1-2	10	9
3-4	3	2
5+	6	5
None	81	84

*Among all respondents, excluding unknown and missing*

Over the last two weeks, how many days have you had trouble concentrating on things, such as reading the newspaper or watching TV?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
1-2	6	7
3-4	5	3
5+	4	5
None	86	85

*Among all respondents, excluding unknown and missing*

Over the last two weeks, how many days have you moved or spoken so slowly that other people might have noticed? Or the opposite – being so fidgety or restless that you were moving around a lot more than usual?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
1-2	3	4
3-4	1 *	1



5+	2	3
None	94	92

*Among all respondents, excluding unknown and missing*

Has a doctor or other health professional ever told you that you had an anxiety disorder, including acute stress disorder, anxiety, generalized anxiety disorder, obsessive-compulsive disorder, panic disorder, phobia, posttraumatic stress disorder or social anxiety disorder?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
Yes	8	10
No	92	90

*Among all respondents, excluding unknown and missing*

Has a doctor or other health professional ever told you that you had a depressive disorder (including depression, major depression, dysthymia, or minor depression)?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
Yes	14	17
No	86	83

*Among all respondents, excluding unknown and missing*

## Occupation

On the average, how many hours per week, if any, do you work at a job or business?

Response Categories	Stutsman County %	North Dakota %
0	0	22
1-9	3	3
10-19	6	5
20-29	6	6
30-39	7	8
40	37	26
41+	41	30

*Percentage among respondents who are employed for wages, self-employed, student, homemaker or retired, excluding unknown or missing*

Which of the following most accurately describes the type of work or business you currently work in most often? Would you say...

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
State government employee	12	9
Other government employee	3	9
Farmer or rancher	8	8
Other farm or ranch worker	2*	1
Manufacturing	11	6
Health Care	16	13
Food or drink server (waiter, waitress, bartender)	4*	3
Wholesale or retail sales	12	12
Financial services	2*	4
Other	30	35

*Percentage among respondents who are employed for wages, self-employed, student, homemaker or retired, excluding unknown or missing*

Excluding vacation days or other planned days off, during the past 12 months, how many days did you miss work due to physical illness, excluding mental or emotional illness?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
0	53	54
1-5	31	36
6-10	5	3
11-20	1*	1
21+	11	7

*Percentage among respondents who are employed for wages, self-employed, student, homemaker or retired, excluding unknown or missing*

Excluding vacation days or other planned days off, during the past 12 months, how many days did you miss work due to mental or emotional illness, excluding physical illness?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
0	87	89
1-5	3	5
6-10	0*	0
11-20	0*	0
21+	9	5

*Percentage among respondents who are employed for wages, self-employed, student, homemaker or retired, excluding unknown or missing*

## Child Asthma

Has a doctor or other health professional ever told you that [randomly selected child] has asthma?

Response Categories	Stutsman County %	North Dakota %
Yes	8	10
No	92	90

*Percentage among children, excluding unknown and missing*

Does [randomly selected child in household] still have asthma?

Response Categories	Stutsman County %	North Dakota %
Yes	85	72
No	15*	28

*Percentage among children ever diagnosed with asthma, excluding unknown and missing*

## Smoking Cessation

About how long has it been since you last smoked a cigarette?

Response Categories	Stutsman County %	North Dakota %
<1 month	2*	3
1-3 months	3*	3
3-6 months	2*	2
6-12 months	4*	5
1-5 years	11	14
5-10 years	9	11
10+ years	69	62

*Percentage among respondents who reported no longer smoking cigarettes, excluding unknown and missing*

In the last 12 months, how many times have you seen a doctor, nurse or other health professional to get any kind of care for yourself?

Response Categories	Stutsman County %	North Dakota %
1	15*	24
2+	51	53
None	35	23

*Percentage among respondents who reported smoking everyday or some days, or had quit smoking in the past year, excluding unknown and missing.*

In the last 12 months, on how many visits were you advised to quit smoking by a doctor or other health provider?

Response Categories	Stutsman County %	North Dakota %
1	17*	25
2+	41	35
None	43	40

*Percentage among respondents who reported smoking everyday or some days, or had quit smoking in the past year and who reported seeing a health professional one or more times in the past 12 months, excluding unknown and missing.*

On how many visits did your doctor, nurse or other health professional recommend or discuss medication to assist you with quitting smoking, such as nicotine gum, patch, nasal spray, inhaler, lozenge, or prescription medication such as Wellbutrin/Zyban/Bupropion?

Response Categories	Stutsman County %	North Dakota %
1	17*	21
2+	19	12
None	64	68

*Percentage among respondents who reported smoking everyday or some days, or had quit smoking in the past year and who reported seeing a health professional one or more times in the past 12 months, excluding unknown and missing.*

## Tobacco Source

During the past 30 days, how did you usually get your cigarettes?

Response Categories	Stutsman County %	North Dakota %
I did not smoke cigarettes during the last 30 days	8*	2
I bought them in the store such as a convenience store	89	87
I bought them from a vending machine	1*	1
I bought them over the internet	0	0
I bought them on an Indian reservation	0	7
I bought them in another state	0	1
I got them some other way	3*	3

*Percentage among respondents who currently smoke cigarettes, excluding unknown and missing*



## Pesticide Exposure

Over your lifetime how many years have you lived on a farm?

Response Categories	Stutsman County %	North Dakota %
Never lived on a farm	38	46
<5 years	5	7
5-10 years	4	5
10-20 years	25	20
20-30 years	10	8
>30 years	18	15

*Percentage among respondents, excluding unknown and missing*

Have you or a member of your family ever mixed or applied herbicide, insecticide, or fungicide?

Response Categories	Stutsman County %	North Dakota %
Yes	46	42
No	54	58

*Percentage among all respondents, excluding unknown and missing*

In your household, how are clothes usually washed after they have been worn when mixing or applying pesticides?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
Always wear disposable clothing	4 *	3
Mixed with family wash	26	32
Soaked separately then mixed with family wash	11	5
Washed separately in family machine	56	55
Sent out or washed only in machine used for that purpose	4	5

*Percentage among respondents who handled pesticides, excluding unknown and missing*

How far is your drinking water well from the nearest area where pesticides are mixed?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
You don't have a well	55	61
<50 yards	6	6
50-100 yards	4	7
> 100 yards	35	27

*Percentage among respondents who handled pesticides, excluding unknown and missing*

Are agricultural or commercial pesticides in unmixed concentrates stored, even temporarily, at your home?

<b>Response Categories</b>	<b>Stutsman County %</b>	<b>North Dakota %</b>
Yes, in building not attached to home	7	6
Yes, in garage or attached outbuilding	5	6
Yes, in basement	1 *	1
Yes, in home, but not in basement	1 *	1
No	87	86

*Percentage among all respondents, excluding unknown and missing*

## Indian Health

Do you live on a reservation or Indian Service Area?

Response Categories	Stutsman County %	North Dakota %
Yes, reservation	1 *	2
Yes, Indian Service Area	0	1
No	99	97

*Among all respondents, excluding unknown and missing*

### Health Insurance

What is the name of the health plan you use to pay for most of your medical costs?

Response Categories	Stutsman County %	North Dakota %
Medicare	16	15
Medicaid or medical assistance	2	3
Military, Tricare, or CHAMPUS	1*	4
Indian Health Service	0	0
Blue Cross/Blue Shield of Noridian	64	66
ND-PERS	2*	1
Fortis Insurance	0*	0
American Family Mutual	0*	0
Medica Health Plans	3	1
Heart of America (HMO)	0	0
Altru Health Plan	0	0
Other	12	9
None	0*	1

*Among all respondents, excluding unknown and missing*

## Sexual Orientation

Do you consider yourself to be:

Response Categories	Stutsman County %	North Dakota %
Heterosexual	97	98
Homosexual	0*	0
Bisexual	18	1
Other	2*	1

*Among all respondents, excluding unknown and missing*